

December 1, 2018

Student Support Department, Administration Bureau, the University of Tokyo
The University of Tokyo Athletic Foundation, General Incorporated

NOTICE: Utilizing GOTENSHITA Memorial Arena

It is required to observe below-described notice about utilizing GOTENSHITA Memorial Arena, and also in other cases, to follow any instructions from *the Student Support Department, Administration Bureau, the University of Tokyo* or *the University of Tokyo Athletic Foundation, General Incorporated*.

GENERAL

- This Arena does not permit Elementary and younger aged children to enter; the Training Room does not permit Junior high and younger aged children to go in.
- Either smoking or using fire is prohibited within the whole Building.
- Outdoor shoes are absolutely prohibited. Indoor shoes can only be brought (no barefoot).
- A guest (not belonging to the University) must enter and exit from the Arena at the same time as a qualified person (i.e. a student or faculty member of the University).
- Valuable things should be managed on your own responsibility, and the loss or any other trouble of them may not be taken any responsibility for by the University or *the UTokyo Athletic Foundation*.
- A locker key band handed in the Entrance Counter should be worn on your body so as not to be lost or stolen. If the key is lost, an expense will be imposed.
- We could give a first aid for a possible accident or injury. However, we would like you to pay close attention to your safety for utilization.
- Loud voices or whistling or any other act annoying surrounding people should be avoided.
- Anything after use must be put back to the original location. Also, any facility and the gear that accompany it must be organized carefully without any loss or damage. In the case where you got any of them lost or damaged, you must inform *the UTokyo Athletic Foundation's* Office of what has happened. According to the circumstances, **we are sorry to let you bear expenses of restoration to original state.**
- Heat stroke, an incident more arising now, should be prevented by exercise intensity controlled depending on environment, frequent water intake, etc. Any cases should be given rapid, proper aids such as moving to a cooler area, giving water and requesting an ambulance.
- Giving or lending a Passcard is absolutely prohibited. **If such an abuse were found, the Passcard might be canceled.**
- There is no photographing or photo recording within the whole Arena; if necessarily hoping it, you require prior permission of *the Student Support Department* and must wear a photographing permit.

- Coupon tickets expire after one year of the purchase date.
- Any trash coming out of your utilization must be thrown away in the designated spot or be taken home. You must not act so as to get facility dirty.
- Changing clothes, or even naked to the waist, is only permitted in the Changing Room.
- Eating is prohibited out of the Lounge (the room having vending machines), including chewing gum. Drinking is not allowed except for the sake of water intake.
- Hair dryers attached to the Arena are only available; your private blowers are not allowed.
- Any use for the purpose of activities other than sports (Over-Purpose Use) is in principal not allowed. The Over-Purpose Use requires special consent and permission after prior consultation with *the Student Support Department*.

GYMNASIUM

- Moved table-tennis tables, placed badmington or valleyball nets or soccer goal posts, and anything after use must be put back to the original loction.
- The court floors after use must be swept and cleaned with mops and other tools.
- A used plastic bag for icing must be thrown in the trash box after the content is discarded.
- In case of exclusive use booked beforehand, the charge must be paid till the previous day.
- Only the borrower is permitted to return the borrowed gear to the Entrance Counter.

SWIMMING POOL

- Cosmetics must be removed from the skin with shower before swimming.
- Swimming is not allowed without swimwear or swimcap.
- Shampoo, soap or any other detergents are only allowed in the shower, not in the Pool.
- Any accessories (watch, ring, earrings, etc.) must be taken off before swimming.
- Using audio and any other electronic devices are prohibited in the Pool because of safety.
- Risky behavior diving and any acts beyond your abilities and skills are prohibited.
- There is no photographing or photo recording in the Pool because of privacy protection.
- Taking in water in the Pool is only allowed at the designated areas; any drink bottle must be put on the designated place.

TRAINING ROOM

- A registry wristband and certified Bouldering ring prove that you took an orientation for safe and orderly use of the equipment. The wristband and ring issued and given to you must be managed properly. The wristband or ring must absolutely not be borrowed from or lent to another person. **If such an abuse were found, the parties (both the borrower and lender) would be disqualified from their registration for Machine/Freeweight and Bouldering use.**
- The registry wristband and certified ring must be worn visibly on your body or shoe as long as you are in this Room. If you lose the wristband or ring, you need to issue it (band: 500 yen, ring: no charge). If you forget the wristband, you need to wear a rental wristband at 100 yen.
- You must observe what was told in a Machine, Freeweight or Bouldering orientation.

Contacts

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